



Information Letter

Motonet GP 2023 Joensuu

Timetable: <https://www.motonetgp.fi/en/joensuu/timetable/>

Warm-up and training

Athletics Stadium (Keskusurheilukenttä, Mehtimäenaukio 2) is open all day.

Joensuu Arena + gym (indoor track) is good for warm-up when the competition is on. There are also good running routes near the Stadium.

There is a special warm-up and training place for hammer throwers. That area is located 200 metres from Joensuu Arena.

Accommodation

The hotel is Sokos Hotel Vaakuna (Torikatu 20, 80100 Joensuu). Reception is open 24/7. Check-in starts at 3pm and check-out has to be done at 12am.

Breakfast, lunch and dinner is served at the hotel in restaurant Torero.

Meals' timetable:

Breakfast:

6.30-10 am on weekdays

Lunch:

Tuesday 4.7. 11 am to 2 pm

Wednesday 5.7. 11 am to 3 pm

Dinner:

Tuesday 4.7. 5-10 pm

Wednesday 5.7. 5-11 pm

The nearest food market is located in the same building as the hotel. S-Market Rantakatu, Rantakatu 19, 80100 Joensuu.

It is safe to drink tap water. 😊

Competition office

Competition office located in Sokos Hotel Vaakuna is open:

Tuesday 4.7. from 9am to 9pm

Wednesday 5.7. from 9am to 12am

Competition office is open at Joensuu Areena lobby:

Wednesday 5.7. from 12am to 9pm

Participation must be confirmed 90 minutes before the start of the event. You will get your bib number from the competition office. When you have received your bib number, you have confirmed your participation.

If you take part in several events, every event has their own separate bib numbers in their own envelopes.

Calling

Athletes will be gathered together before the competition under the main stand. *The link for calling's timetable will be published later.*

Athletes are not allowed to go to the field by themselves.

During the competition, the use of electronic devices is forbidden and these devices must remain in the bag.

Doping control

Doping control is located Joensuu Areena lobby in Voitto cabinet.

Bar raises in high jump (W)

Will be published later.

Bar raises in pole vault (M)

Will be published later.

Use of own throwing equipment

Possible personal throwing equipment (maximum of two (2) per athlete) must be delivered to the equipment inspection point at least 90 minutes before the start of the event. The equipment

inspection point is located in the lower lobby of Joensuu Arena near the competition office.

The throwing equipment will be returned to the same location after the end of the competition. Equipment will not be handed over at the competition venue.

If an athlete brings throwing equipment for inspection less than 90 minutes before the start of the event, the organizer will no longer accept the equipment.

Storage of poles

The storage of poles is located under the main stand in the storage room at the end of the swimming hall.

Dressing rooms and showers

The athletes have access to the dressing rooms and showers at Joensuu Arena.

Athletes moving on the field

The competitors are guided from the assembly area to the competition venue. Their departure is also guided, and all athletes are led from the field through the mixed zone. The runners' equipment baskets are brought from the field to the mixed zone area for dressing purposes.

Introducing of athletes

Runners are introduced at the start line approximately 2.5 minutes before the start. For field events, the participants are gathered

under the guidance of the event director in the vicinity of the event area in the order of their performance, approximately 3-5 minutes before the start of the event.

First Aid

The first aid services are provided by Pihlajalinna. There is a first aid team stationed at the field in a first aid tent located behind the 100-meter starting point. The attending physician can be reached during the event at the following number: +358 50 451 3122. Additionally, there are two (2) first aid patrols constantly moving around the field to provide assistance.

Protests

Any objections (protests) must be submitted within 30 minutes of the official results being posted on the official scoreboard. A written objection, along with the protest fee (€50), should be submitted to the competition office.

The prize money and travel expenses

The prize money will be paid after the competition by cash or by invoice, depending on manager's agreement. Cash payments: where and when???

Contact information

The promotor of the competition, compensation for expenses/prize money:

Tuomo Lehtinen, tuomo.lehtinen@katajayu.fi, p. +358 40 774 0403

The head of the competition:

Kimmo Hyppönen, kimmohypponen@hotmail.com, p. +358 50 325 2584

Accommodation and transportation

Vili Koski, vili.koski@gmail.com, p. +358 40 561 0590